

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU**

PROGRAM STUDI DIII KEBIDANAN

**LAPORAN TUGAS AKHIR, JUNI 2026
RIKA JUNITA BR. PERANGIN-ANGIN**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. W DI TPMB
DARLIANA
KOTA PEKANBARU TAHUN 2026**

xii, ± 115 Halaman, 3 Tabel, 10 Lampiran

ABSTRAK

Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB) masih menjadi masalah yang memerlukan pencegahan melalui pelayanan kebidanan yang komprehensif dan berkesinambungan. Asuhan kebidanan komprehensif (*Continuity of Care*) berperan dalam mendeteksi dini komplikasi serta meningkatkan kualitas ibu dan bayi. Tujuan studi kasus ini memberikan asuhan kebidanan komprehensif pada Ny. W G3P2A0H2 mulai dari masa kehamilan, persalinan, nifas, hingga keluarga berencana di PMB Darliana Kota Pekanbaru Tahun 2026. Metode yang digunakan studi kasus dengan pendekatan *Continuity of Care* dan pendokumentasian menggunakan metode SOAP. Asuhan diberikan sejak usia kehamilan 33 minggu sampai masa nifas dan berakhir. Pelayanan meliputi tiga kali kunjungan antenatal care, asuhan persalinan normal, empat kali kunjungan nifas, tiga kali kunjungan , serta pelayanan keluarga berencana. Hasil asuhan menunjukkan bahwa kehamilan berlangsung normal dengan keluhan nyeri pinggang yang dapat diatasi melalui edukasi dan senam hamil. Persalinan berlangsung normal tanpa komplikasi, bayi lahir spontan dengan berat badan 3.100 gram dan badan 49 cm serta berhasil melakukan Inisiasi Menyusu Dini (IMD). Masa nifas berjalan normal, ibu mendapatkan edukasi dan memilih kontrasepsi IUD. Pada bayi mengalami peningkatan berat badan sebesar 400 gram yang didukung oleh pemberian ASI eksklusif dan pijat bayi. Kesimpulan, asuhan kebidanan komprehensif yang diberikan secara berkesinambungan dapat mendukung ibu dan bayi serta mencegah terjadinya komplikasi selama masa kehamilan, persalinan, nifas, dan Neonatus

Kata Kunci: Asuhan Kebidanan Komprehensif, *Continuity of Care*, Kehamilan, Persalinan, Nifas, Neonatus.

Daftar Bacaan : 34 Referensi (2015-2025)

MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC

D3 MIDWIFERY STUDY PROGRAM
FINAL PROJECT REPORT, JUNE 2026

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COMPREHENSIVE MIDWIFERY CARE FOR MRS. W AT TPMB
DARLIANA
PEKANBARU CITY, 2026

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ABSTRACT

Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR) remain ethical issues that require preventive ethics through comprehensive and continuous midwifery services. Comprehensive midwifery care (Continuity of Care) plays a role in early detection of complications and improving the quality of maternal and infant health. The purpose of this case study is to provide comprehensive midwifery care to Mrs. W. W G3P2A0H2 starting from pregnancy, childbirth, postpartum, ethics to family planning at PMB Darliana Pekanbaru City in 2026. The method used is case study ethics with the Continuity of Care approach and documentation using the SOAP method. Care is provided from 33 weeks of pregnancy until the postpartum period and ends. Services include three antenatal care visits, normal delivery care, four postpartum visits, three visits, and family planning services. The results of care show that the pregnancy proceeded normally with complaints of back pain that can be overcome through education and pregnancy exercises. Labor proceeded normally without complications, the baby was born spontaneously with a weight of 3,100 grams and a body length of 49 cm and successfully carried out Early Initiation of Breastfeeding (IMD). The postpartum period proceeded normally, the mother received education and chose IUD contraception. During the baby's period, the baby experienced a weight gain of 400 grams supported by exclusive breastfeeding and baby massage. In conclusion, comprehensive midwifery care provided continuously can support mothers and babies and prevent complications during pregnancy, childbirth, and the postpartum period and neonate

Keywords: Comprehensive Midwifery Care, Continuity of Care, Pregnancy, Childbirth, Postpartum, Neonate.

Reading List : 34 References (2015-2025)