

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
MAISYA PUTRI NABILA**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY M DI KLINIK
PRATAMA TAMAN SARI 1 KOTA PEKANBARU TAHUN 2026
xi± 139 Halaman, 6 Tabel, 8 Lampiran**

ABSTRAK

Asuhan kebidanan komprehensif merupakan upaya untuk mencegah dan menangani komplikasi pada kehamilan, persalinan, nifas, dan neonatus serta mendukung penurunan Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB). Asuhan ini diberikan kepada Ny. M GIP0H0 di Klinik Pratama Taman Sari 1 Kota Pekanbaru mulai bulan November 2025 sampai Januari 2026 dengan pendekatan manajemen kebidanan dan pendokumentasian SOAP. Asuhan dilakukan sebanyak 12 kali, yaitu 4 kali kunjungan kehamilan, 1 kali asuhan persalinan, 4 kali kunjungan nifas, dan 3 kali kunjungan neonatus. Pada masa kehamilan ditemukan ketidaknyamanan berupa sering buang air kecil, nyeri pinggang, dan kram pada kaki. Asuhan yang diberikan meliputi edukasi pengaturan pola minum, kompres hangat dan pengaturan posisi untuk nyeri pinggang, serta peregangan dan gerakan ringan untuk mengatasi kram kaki. Pada proses persalinan, ibu mengalami kala I fase aktif memanjang sehingga dilakukan rujukan ke RS Syafira Pekanbaru. Ibu melahirkan secara normal pervaginam dibantu dengan oxytocin drip. Bayi lahir berjenis kelamin laki-laki dengan berat badan 3.000 gram dan panjang badan 52 cm. Pada masa nifas ditemukan bedungan Asi yang dapat diatasi dengan perawatan payudara dan pijat oksitosin. Pada masa neonatus terjadi penurunan berat badan 100 gram pada hari ke 4 dan kembali meningkat sebanyak 300 gram pada hari ke-10. Asuhan komprehensif membantu memantau kondisi ibu dan bayi serta mendeteksi masalah secara dini.

Kata Kunci : Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus, KB.

Referensi : 25 Referensi (2016-2025)

**MINISTRY OF HEALTH REPUBLIC OF INDONESIA
RIAU HEALTH POLYTECHNIC
D-III MIDWIFERY STUDY PROGRAM**

**FINAL PROJECT REPORT, JUNE 2026
MAISYA PUTRI NABILA**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. M AT CLINIK PRATAMA
TAMAN SARI 1 PEKANBARU CITY, 2026
xi ± 139 Pages, 6 Tables, 8 Attachments**

ABSTRACT

Comprehensive midwifery care aims to prevent and manage complications during pregnancy, childbirth, the postpartum period, and the neonatal stage, while also supporting efforts to reduce Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR). This care was provided to Mrs. M (G1P0A0) at the Taman Sari 1 Primary Clinic in Pekanbaru City from November 2025 to January 2026, utilizing a midwifery management approach and SOAP documentation. A total of 12 care sessions were conducted, comprising four prenatal visits, one childbirth care session, four postpartum visits, and three neonatal visits. During pregnancy, the patient experienced discomforts such as frequent urination, lower back pain, and leg cramps. Care interventions included education on fluid intake management, warm compresses and positioning adjustments for back pain, and stretching exercises to alleviate leg cramps. During labor, the patient experienced a prolonged active phase of the first stage of labor, necessitating a referral to Syafira Hospital, Pekanbaru. She delivered vaginally with the assistance of an oxytocin drip. A male infant was born, weighing 3,000 grams and measuring 52 cm in length. During the postpartum period, breast engorgement occurred but was successfully managed through breast care and oxytocin massage. In the neonatal period, the infant experienced a weight loss of 100 grams by the fourth day, followed by a weight gain of 300 grams by the tenth day. Comprehensive care facilitated the monitoring of the mother and infant's condition and enabled the early detection of potential issues..

Keywords: Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate, Family Planning.

References: 25 References (2016–2025)