

DAFTAR PUSTAKA

- Alder, J., Fink, N., Bitzer, J., Hösli, I. & Holzgreve, W., 2017. *Depression and anxiety during pregnancy: A risk factor for obstetric, fetal and neonatal outcome*. Archives of Gynecology and Obstetrics, 286(3), pp.553–561.
- Anderson, C.M. & Kirkpatrick, P., 2016. Narrative interviewing. *International Journal of Clinical Pharmacy*, 38(3), pp.631–634.
- Aryani, D.N.2, L., & R.3, H. (2024). *Educational Interventions Targeting Anxiety Reduction in the Prenatal Period*. 12(4), 637–647.
- Beck, C.T., 2018. A meta-analysis of predictors of postpartum depression. *Nursing Research*, 50(5), pp.275–285.
- Biaggi, A., Conroy, S., Pawlby, S. & Pariante, C.M., 2016. *Identifying the women at risk of antenatal anxiety and depression: A systematic review*. Journal of Affective Disorders, 191, pp.62–77.
- Blackburn, S.T., 2017. *Maternal, Fetal and Neonatal Physiology: A Clinical Perspective*. 5th ed. St. Louis: Elsevier.
- Bobak, I.M., Lowdermilk, D.L. & Jensen, M.D., 2017. *Maternity and Women's Health Care*. 10th ed. St. Louis: Mosby Elsevier.
- Cox, J.L., Holden, J.M. & Sagovsky, R., 2018. Detection of postnatal depression: Development of the Edinburgh Postnatal Depression Scale. *British Journal of Psychiatry*, 150, pp.782–786.
- Cunningham, F.G., Leveno, K.J., Bloom, S.L., Dashe, J.S., Hoffman, B.L., Casey, B.M. & Spong, C.Y., 2018. *Williams Obstetrics*. 25th ed. New York: McGraw-Hill Education.
- Dennis, C.L., Falah-Hassani, K. & Shiri, R., 2017. Prevalence of antenatal and postnatal anxiety: Systematic review and meta-analysis. *The British Journal of Psychiatry*, 210(5), pp.315–323.
- Dunkel Schetter, C., 2017. *Psychological science on pregnancy: Stress processes, biopsychosocial models, and emerging research issues*. *Annual Review of Psychology*, 62, pp.531–520.
- Dunstan, D.A. & Scott, N. (2020). *Norms for Zung's Self-Rating Anxiety Scale*. BMC Psychiatry.
- Field, T., 2017. Prenatal anxiety effects: A review. *Infant Behavior and Development*, 49, pp.120–128.

- Glover, V., 2016. *Maternal depression, anxiety and stress during pregnancy and child outcome. Best Practice & Research Clinical Obstetrics & Gynaecology*, 28(1), pp.25–35.
- Guyton, A.C. & Hall, J.E., 2021. *Textbook of Medical Physiology*. 14th ed. Philadelphia: Elsevier.
- Houts, P.S., Doak, C.C., Doak, L.G. & Loscalzo, M.J., 2016. *The role of pictures in improving health communication: A review of research on attention, comprehension, recall and adherence*. *Patient Education and Counseling*, 61(2), pp.173–190.
- Howard, L.M., Molyneaux, E., Dennis, C.L., Rochat, T., Stein, A. & Milgrom, J., 2014. *Non-psychotic mental disorders in the perinatal period*. *The Lancet*, 384(9956), pp.1775–1788.
- Loughnan, S.A., Joubert, A.E., Grierson, A., Andrews, G. & Newby, J.M., 2018. *Internet-delivered psychological interventions for clinical anxiety and depression in perinatal women: A systematic review*. *Archives of Women's Mental Health*, 22(6), pp.737–750.
- Lowdermilk, D.L., Perry, S.E. & Cashion, K., 2016. *Maternity Nursing*. 8th ed. St. Louis: Elsevier.
- Mayer, R.E., 2021. *Multimedia Learning*. 3rd ed. Cambridge: Cambridge University Press.
- McKinney, E.S., James, S.R., Murray, S.S., Nelson, K.A. & Ashwill, J.W., 2018. *Maternal-Child Nursing*. 5th ed. St. Louis: Elsevier.
- Pillitteri, A., 2017. *Maternal and Child Health Nursing*. 8th ed. Philadelphia: Lippincott Williams & Wilkins.
- Polit, D.F. & Beck, C.T. (2021). *Nursing Research: Generating and Assessing Evidence for Nursing Practice*.
- Prawirohardjo, S., 2018. *Ilmu Kebidanan*. Jakarta: PT Bina Pustaka Sarwono Prawirohardjo.
- Shorey, S., Chee, C.Y.I., Ng, E.D., Chan, Y.H., Tam, W.W.S. & Chong, Y.S., 2018. *Prevalence and incidence of postpartum depression among healthy mothers*. *Journal of Psychiatric Research*, 104, pp.235–248.
- Stuart, G.W., 2016. *Principles and Practice of Psychiatric Nursing*. 10th ed. St. Louis: Elsevier Mosby.
- Townsend, M.C. & Morgan, K.I. (2018). *Psychiatric Mental Health Nursing*.
- Varney, H., Kriebs, J.M. & Gegor, C.L., 2015. *Varney's Midwifery*. 5th ed. Burlington: Jones & Bartlett Learning.

Videbeck, S.L., 2020. *Psychiatric-Mental Health Nursing*. 8th ed. Philadelphia: Wolters Kluwer.

World Health Organization, 2022. *World Mental Health Report: Transforming Mental Health for All*. Geneva: World Health Organization.

World Health Organization, 2019. *Maternal Mental Health and Child Health and Development*. Geneva: World Health Organization.

Zung, W.W.K. (1971). *A Rating Instrument for Anxiety Disorders*. Psychosomatics.