

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
JURUSAN KEBIDANAN
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
SITI NURAMELIA AFSARI**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. M DI TPMB ROSITA
PEKANBARU TAHUN 2026**

xiii + 139 Halaman, 8 Tabel, 1 Gambar, 12 Lampiran

ABSTRAK

Asuhan kebidanan komprehensif merupakan pelayanan kebidanan yang diberikan secara berkesinambungan mulai dari masa kehamilan, persalinan, nifas, bayi baru lahir, hingga keluarga berencana melalui pendekatan *Continuity of Midwifery Care* (CoMC) dengan tujuan mendeteksi secara dini, mencegah komplikasi, serta meningkatkan kesehatan ibu dan bayi. Asuhan kebidanan komprehensif ini diberikan kepada Ny. M usia 33 tahun G4P3A0H2 di TPMB Rosita Kota Pekanbaru mulai bulan Oktober sampai Desember 2025. Asuhan dilakukan dengan pendekatan *Continuity of Midwifery Care* (CoMC) dan didokumentasikan menggunakan metode SOAP. Pada masa kehamilan dilakukan asuhan sebanyak 3 kali kunjungan. Keluhan yang dialami ibu adalah sering buang air kecil pada trimester III, telah diberikan asuhan sesuai kebutuhan sehingga keluhan dapat teratasi. Asuhan persalinan dilakukan sesuai standar Asuhan Persalinan Normal (APN), bayi lahir spontan berjenis kelamin perempuan dengan berat badan 2600 gram dan panjang badan 47 cm. Kala IV ditemukan laserasi perineum derajat II dan telah dilakukan penjahitan. Pada masa nifas dilakukan 4 kali kunjungan dengan hasil kondisi ibu baik, involusi uterus berlangsung normal, tidak ditemukan tanda infeksi maupun komplikasi, serta ibu berhasil memberikan ASI kepada bayinya. Asuhan neonatus dilakukan sebanyak 3 kali kunjungan, menunjukkan pertumbuhan dan perkembangan bayi normal dengan peningkatan berat badan menjadi 3300 gram pada akhir pemantauan. Pada pelayanan keluarga berencana, ibu memilih menggunakan kontrasepsi suntik 3 bulan. Diharapkan bidan dapat terus memberikan asuhan kebidanan yang komprehensif dan berkesinambungan sesuai standar pelayanan kebidanan.

Kata Kunci: *Asuhan Kebidanan Komprehensif, Kehamilan, Persalinan, Nifas, Neonatus.*

Referensi: 62 (2017–2025)

**MINISTRY OF HEALTH REPUBLIC INDONESIA
RIAU MINISTRY OF HEALTH POLYTECHNIC
STUDY PROGRAM D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
SITI NURAMELIA AFSARI**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. M AT TPMB
ROSITA, PEKANBARU CITY IN 2026**

xiii + 139 pages, 8 tables, 1 image, 12 attachments

ABSTRACT

Comprehensive midwifery care is a continuous midwifery service provided throughout pregnancy, childbirth, the postpartum period, and the newborn period, as well as for family planning, through the Continuity of Midwifery Care (CoMC) approach, with the goal of early detection, prevention of complications, and improvement of maternal and infant health. This comprehensive midwifery care was provided to Mrs. M, a 33-year-old woman with a history of 4 pregnancies, 3 live births, 0 stillbirths, and 2 abortions (G4P3A0H2), at the Rosita Maternal and Child Health Clinic in Pekanbaru from October through December 2025. Care was delivered using the Continuity of Midwifery Care (CoMC) approach and documented using the SOAP method. During pregnancy, care was provided through 3 visits. The mother's chief complaint was frequent urination during the third trimester; care was provided as needed, and the complaint was resolved. Labor care was provided in accordance with the standards for Normal Labor Care (APN); the baby was a female born vaginally, weighing 2,600 grams and measuring 47 cm in length. During the fourth stage of labor, a second-degree perineal laceration was identified and sutured. During the postpartum period, four follow-up visits were conducted, with the mother's condition found to be good, uterine involution proceeding normally, and no signs of infection or complications detected; the mother was also successfully breastfeeding her baby. Neonatal care was provided during three follow-up visits, showing normal growth and development of the infant, with weight increasing to 3,300 grams by the end of the monitoring period. For family planning services, the mother chose the 3-month injectable contraceptive. It is expected that midwives will continue to provide comprehensive and continuous midwifery care in accordance with midwifery service standards.

Keywords: ***Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate.***

References: 62 (2017–2025)