

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN RIAU
PROGRAM STUDI D III KEBIDANAN**

**LAPORAN TUGAS AKHIR, JUNI 2026
NOVIANITA. SAMOSIR**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. H DI TPMB ROSITA
KOTA PEKANBARU**

xii ± 120 Halaman, 6 Tabel, 9 Lampiran

ABSTRAK

Salah satu upaya meningkatkan kesehatan ibu dan bayi diantaranya dengan mengoptimalisasi peran bidan dalam melakukan asuhan kebidanan melalui metode *Continuity of Midwifery Care (CoMC)*. Studi kasus ini bertujuan untuk memberikan asuhan kebidanan pada Ny. H dari masa kehamilan, persalinan, nifas, dan neonatus di TPMB Rosita Kota Pekanbaru dan kunjungan rumah. Asuhan ini dilaksanakan dari Desember 2025 sampai Maret 2026. Kontak pertama dengan Ny.H G2P1A0H1 dilakukan pada usia kehamilan 29 minggu. Dilakukan 4 kali kunjungan kehamilan, persalinan, 4 kali masa nifas, serta 3 kali kunjungan neonatus. Asuhan didokumentasikan menggunakan metode SOAP. Selama kehamilan ditemukan keluhan nyeri punggung. Asuhan yang diberikan yaitu kompres hangat, setelah diberikan kompres hangat, keluhan ibu berkurang. Persalinan Ny. H berlangsung pada usia kehamilan 38 minggu, pertolongan persalinan dilakukan dengan asuhan persalinan normal (APN), Asuhan kala 1 diberikan asuhan *Deep Back Massage*. Persalinan Ny.H dilakukan secara spontan di PMB Rosita. Bayi lahir cukup bulan, jenis kelamin perempuan dengan BB 3300 gram dan PB 50 cm dan plasenta lahir lengkap. Masa nifas Ny.H P2A0H2 normal, dengan asuhan senam nifas, pijat oksitosin, dan skrining EPDS. Ny.H memutuskan menggunakan metode KB Suntik 3 bulan. Asuhan yang diberikan selama neonatus adalah perawatan bayi sehari - hari dan pijat bayi. Bidan diharapkan dapat mempertahankan asuhan kebidanan komprehensif sesuai dengan kebutuhan pasien dan memperhatikan pendidikan kesehatan yang dibutuhkan pasien.

**Kata kunci : Asuhan Kebidanan Komprehensif, Hamil, Bersalin, Nifas, Neonatus
Referensi : 52 Referensi (2016-2024)**

**MINISTRY OF HEALTH OF THE REPUBLIK OF INDONESIA
HEALTH POLYTECHNIC OF RIAU
DEPARTMENT OF MIDWIFERY
STUDY PROGRAM OF D III MIDWIFERY**

**FINAL PROJECT REPORT, JUNE 2026
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**COMPREHENSIVE MIDWIFERY CARES FOR MRS. H CILINIC IN TPMB
ROSITA OF PEKANBARU IN 2026**

xii ± 120 Pages, 6 Tables 9 Attachments

ABSTRACT

One of the efforts to improve maternal and infant health is by optimizing the role of midwives in providing midwifery care through the Continuity of Midwifery Care (CoMC) method. This case study aims to provide midwifery care to Mrs. H from pregnancy, childbirth, postpartum, and neonatal period at TPMB Rosita Pekanbaru City and home visits. This care was carried out from December 2025 to March 2026. The first contact with Mrs. H G2P1A0H1 was carried out at 29 weeks of gestation. 4 visits were carried out during pregnancy, childbirth, 4 times postpartum, and 3 times neonatal visits. Care was documented using the SOAP method. During pregnancy, complaints of back pain were found. The care provided was warm compresses, after being given warm compresses, the mother's complaints decreased. Mrs. H's delivery took place at 38 weeks of gestation, delivery assistance was carried out with normal delivery care (APN), care for the first stage was given Deep Back Massage care. Mrs. H's delivery was carried out spontaneously at PMB Rosita. The baby was born full term, female with a weight of 3300 grams and a length of 50 cm and a complete placenta. Mrs. H P2A0H2's postpartum period was normal, with postpartum exercise care, oxytocin massage, and EPDS screening. Mrs. H decided to use the 3-month injection birth control method. The care provided during the neonatal period was daily baby care and baby massage. Midwives are expected to maintain comprehensive midwifery care according to the patient's needs and pay attention to the health education required by the patient.

Keywords: Comprehensive Midwifery Care, Pregnancy, Childbirth, Postpartum, Neonate

References: 52 References (2016-2024)