

**MINISTRY OF HEALTH OF THE REPUBLIK OF INDONESIA
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**COMPREHENSIVE MIDWIFERY CARE TO MRS. S
AT DINCE SAFRINA IMP PEKANBARU CITY**

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ABSTRACT

Comprehensive midwifery care is continuous and holistic care provided by a midwife, encompassing pregnancy, childbirth, postpartum, and neonatal periods. This case study aims to apply comprehensive midwifery care to Mrs. S, a 20-year-old, using the CoMC model and a midwifery management approach. The case was conducted at TPMB Dince Safrina, Pekanbaru, followed by home visits. Midwifery care for Mrs. S (G3P2A0H2) was provided from Februari 2026 to Mei 2026, starting from 34 weeks and 4 day of gestation until the baby was 28 days old. During pregnancy, she experienced back pain and lower abdominal pain, which were managed with warm compresses. Delivery at 39 weeks was conducted according to the Normal Birth Care (APN) standards, with a first-degree laceration. The baby was born spontaneously, cried immediately, had active movements, was female, weighed 3100 grams, and was 49 cm long. During the postpartum period, the mother refused. The care provided included education on personal hygiene, nutrition, perineal wound care, proper breastfeeding techniques, and family planning counseling. Routine care during each neonatal visit included umbilical cord care, bathing, and infant massage, aiming to improve sleep quality and accelerate weight gain. On the 28th day of the neonatal visit, the baby's weight gain was 450 grams. Healthcare professionals, especially midwives, should improve comprehensive and continuous care according to midwifery standards, starting from pregnancy, childbirth, and postpartum, emphasizing evidence-based care.

Keywords : Comprehensive Midwifery Care, pregnancy, childbirth, puerperium and neonatus

Reading List : 51 References (2016-2025)

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